



The Arc®
of Essex County

Children's Recreation and Respite Catalog

Winter/Spring 2020

Welcome:

The Arc of Essex County's Children's Recreation and Respite programs offer a variety of activities for children and young adults with intellectual and developmental disabilities ages 5–21. The Arc's programs and services are designed to help participants learn and enhance skills through socialization and fun. Programs fall under two categories: Recreation or Respite. Both programs provide opportunities to teach valuable skills while also providing caregivers a short-term break to help relieve stress, restore energy, and manage family life.

While respite services may be accessed by calling PerformCare, both Recreation and Respite have a pay-out-of-pocket fee available to all interested families. If you have any questions regarding these services or how to enroll, please contact us (see below).

To Register:

General Instructions:

1. If you are new to The Arc of Essex County, you must contact us to set up an intake before registering. Individuals currently participating with The Arc can proceed with registration.
2. Using the enclosed registration form, fill out your contact information, circle the activities and dates that you want to enroll in.
3. Mail or e-mail the registration form to jdebarr@arcessex.org.
4. All events are offered on a first-come, first-serve basis. Events may fill up quickly.

Self-Pay Instructions:

1. Enclose a check or money order made payable to The Arc of Essex County for all activities that were chosen on the registration form.

Cancellation Policy:

For All Programs:

If you cannot attend a program for any reason, it is your responsibility to call The Arc of Essex County at least 24 hours before the start of a program to cancel.

Save the Date:

Camp Hope Applications:

Will be available by February 1, 2020.

Visit the camp website at www.arccamphope.org



CONTACT US:

Jennifer DeBarr
Manager, Children Services
(973) 535-1181 ext. 1292
jdebarr@arcessex.org

Parents Night Out

Located at our Stepping Stones School, Parent Night Out is a perfect combination of fun for the kids while parents take a few hours for themselves. Participants will enjoy a variety of activities such as board games, movies, arts & crafts, science projects, music, and dancing. Conveniently located near restaurants and shops, parents and caregivers will have time to go out for dinner and/or run errands while their family member has fun with peers. Several dates will be co-sponsored by student organizations.

Dates: (Fridays)

- February 7, 2020 – Mount Kimberly Academy
- March 20, 2020
- May 8, 2020 – Oratory Prep

Time:

- 6:30 p.m. – 9:00 p.m.

Location:

19 Harrison Ave., Roseland, NJ

NO TRANSPORTATION PROVIDED

Cost: \$25 for the first child

\$20 for each additional sibling

Saturday Respite

The Saturday Group Respite program offers participants a fun-filled day with their peers while socializing and engaging in a variety of activities, such as arts & crafts, games, cooking, and trips into the community.

Dates: (Saturdays)

- January – 4th, 11th, 25th
- February – 1st, 8th, 22nd
- March – 7th, 14th, 28th
- April – 4th, 18th, 25th
- May – 9th, 16th, 30th
- June – 6th, 20th, 27th

Time:

- 9:00 a.m. – 3:00 p.m.

Location:

50-58 Burnett Ave., Maplewood, NJ

DOOR TO DOOR TRANSPORTATION PROVIDED

Cost: \$120.00 per session out of pocket

PerformCare funding is available for eligible participants. To learn more about PerformCare eligibility, call us at 973-535-1181, ext. 1292

Fitness Fun Sunday

We are pleased to offer a program geared towards physical fitness, wellness, and nutrition. Your child will receive specific instruction and support while participating in a combination of stretching and movement activities. The morning concludes with preparing a simple, healthy snack. Registration will be capped at 12 participants.

Dates: (Sundays)

- April 5th
- May 3rd

Times:

- 10:15 a.m. – 12:30 p.m.

Location:

19 Harrison Ave., Roseland, NJ

NO TRANSPORTATION PROVIDED

Cost: \$35



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of Essex County

123 Naylor Avenue
Livingston, NJ 07039



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www.arcessex.org

Follow us on social media!

Save the Date



April 25, 2020

South Mountain
Recreation Complex
West Orange, NJ



WWW.RUNORWALK.ORG