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Adult Recreation Program

Celebrates the Chinese New Year

On Friday, January 11th, members of The Arc of Essex County's Community Inclusion program celebrated the Chinese New Year during the monthly World of Food program at its Creative Visions location in Orange, NJ. The group enjoyed making crafts, learning about Chinese customs and traditions, and even received a Chinese fan and chop sticks.

The World of Food program, part of The Arc's Community Inclusion, Recreation, and Respite Services, gathers participants to experience new adventures and cultures from around the world through food, games, and music along with reviewing healthy food choices and learning about how to read a menu, dining etiquette and other basic skills. Each month, a theme is chosen and an entrée of their choice is ordered while they prepare an appetizer or dessert from that culture.



The fun continued on Sunday, January 13th when the Community Inclusion program participants enjoyed a relaxing, cozy day in their pajamas while reading stories from the famous "Soup for the Soul" book. Attendees made a pot of delicious chicken noodle soup. Afterwards, everyone warmed up with hot chocolate and cookies baked earlier that day.

Is your loved one interested in educational programming, community experiences, seasonally-themed events, and weekend group respite programs? If so, The Arc of Essex County's Winter 2019 Adult Community Inclusion, Recreation, & Respite Catalog is right up their alley!

Check out the wide range of programs offered to individuals with intellectual and developmental

disabilities ages 18 and up in our 2019 Winter Catalog. Highlights include a Saint Patrick's Day Party, a trip to Historic Smithville, B-The Underwater Bubble Show at the State Theater of New Jersey, Farm-to-Table Cooking Classes, and more.

The Winter 2019 Community Inclusion, Recreation, and Respite Catalog is available [here](#). A sign up form is available at the end of the catalog. For questions or to receive a hard copy of the recreational calendar, contact Dacia King-Sarkodie, Manager of Community Supports Services at (973) 535-1181 ext. 1272 or dking@arcessex.org.

The Arc Unveils

New Camp Hope Video

The Arc of Essex County is pleased to unveil a [new Camp Hope video](#) which perfectly captures the day-to-day camp experience and features testimonials from parents and campers.



Camp Hope is an eight week summer day camp for children and adults with intellectual and developmental disabilities located in East Hanover. Operating since 1956, camp runs Monday through Friday, 9 am to 3 pm, starting in late June and ending in August, with transportation provided for campers living in Essex County and surrounding areas. Camp Hope provides campers with traditional camp activities including supervised swimming and outdoor fun with modified sports, arts & crafts, and music. While enjoying these activities, attention is also given to daily living skills, peer interaction, socialization skills, and developing appropriate behaviors.

For more information, visit www.arccamphope.com. To request a tour and for questions regarding the application process, contact Laurie Best, Senior Director of Children & Adult Day Services at (973) 535-1181 x1264 or lb主@arcessex.org.

WALK
The Arc of Essex County **BUILDING TOMORROW'S**
5K RUN
APRIL 27, 2019 **RUN. WALK. PLAY.**

Registration Now Open for 21st Annual Run/Walk Event

The Arc of Essex County will host the 21st Annual Building Tomorrows 5K Run, Family Walk, and Fun Fest on Saturday, April 27th at The Clipper Pavilion in South Mountain Recreation Complex in West Orange. JOIN US as we run, walk, laugh, and play to raise money for children and adults with Autism, Down syndrome, and other with intellectual and developmental disabilities.

Run Information:

The 2019 5K run kicks off at 9 a.m. and features a beautiful, tree-lined course around the South Mountain reservoir. **New to the 2019 event, all 5k finishers will receive a special treat as they cross the finish line - a delicious doughnut courtesy of Off the Wall Donuts!**

Entry fees for all ages are \$30 (early-bird rate is \$25 prior to April 17 with code "EARLY"). Run features include:

- Flat, Park Course
- Double Loop
- Traffic Free
- Gun & Chip Times
- Split Times
- Water Station on Course
- Bag Check
- Race T-shirt
- Post-Race Refreshments
- Stay & Play Admission (see below)
- Strollers Permitted at Back of Start Line
- Leashed, Well-Behaved Dogs Permitted

Walk Information:

Our strength is powered by the commitment of individuals like you! Why walk alone? Grab your friends, family, and coworkers and create a team as you walk in support of children and adults with intellectual and developmental disabilities. Details:

- Individual walkers and teams are strongly encouraged to fundraise
- Raise \$25+ and receive a FREE event t-shirt and Fun Fest Admission
- **Top 3 fundraisers receive a gift certificate to McLoone's Boathouse**
- Refreshments available (while supplies last) and Food Truck on site for purchase

Fun Fest Information:

Following the run and walk, stay, play, and enjoy the interactive Family Fun Fest! The Fun Fest will take place from 10:30 a.m. to 1:00 p.m. and feature:

- Interactive games and activities
- Character meet and greets
- Live Music by Six Sharp
- Food truck and more!

Admission is \$5 per person (FREE for walkers who raise \$25+) and free for children 5 years old and under.

Register today at www.runorwalk.org. We look forward to seeing you on April 27th!

For questions and inquiries, contact the Special Events and Development Coordinator, Maria Meizoso, at mmeizoso@arcsex.org or at (973) 535-1181 x1227.

For sponsorship inquiries, contact the Senior Director of Development and Communication, Heather

Comstock, at hcomstock@arcsex.org or at (973) 535-1181 ext. 1224.

Hotel Respite Program

Enjoys Wildlife Show, Pottery, and More!

The weekend of January 26th was brimming with excitement for eleven adults with intellectual and developmental disabilities attending The Arc of Essex County's monthly Hotel Overnight Respite program.

After checking into their rooms at the Embassy Suites of Parsippany, the group enjoyed a jam packed weekend including a wildlife show from Rizzo's Wildlife World Show, pottery painting at Doing Dishes in Montclair, and plenty of time taking advantage of the Embassy Suites' accommodations including their indoor heated pool.

The Arc of Essex County's Hotel Overnight Respite program is hosted for adults with intellectual and developmental disabilities one weekend per month. Extending from Friday evening to Sunday afternoon, consumers are given flexible choices of community and hotel based activities to fill their weekend. During this time, families are able to take time to relax, recharge, and manage family life.

For additional information regarding The Arc of Essex County's Hotel Overnight Respite program, visit <https://www.arcsex.org/services/adult-services/respite/overnight-respite/> or contact Assistant Director of Day Services Candes Reid at creid@arcsex.org or (973) 535-1181 ext. 1247.



2019 Camp Hope Applications

Now Available

The Arc of Essex County is currently accepting applications for the 2019 camp season which features an additional mini week from June 26-28 with the full camp season ending August 16, 2019. Visit the [Camp Hope website](#) to apply or be on the lookout for your paper application in the coming days. Applications will be processed as they are received. For application questions, contact Laurie Best at (973) 535-1181 ext. 1264 or lbest@arcsex.org.



Do you know of someone interested in working at Camp Hope this summer? The Arc of Essex County is seeking experienced candidates for the following positions:

- Certified Life Guards
- Counselors
- Camp Nurse
- 1:1 Behavioral Counselors

Staff hours are Monday through Friday from approximately 8:00 a.m. - 4:00 p.m. Position requirements vary. To view job requirements and to apply, visit www.arccamphope.com/get-involved/. For employment questions, contact Human Resources at (973) 535-1181 ext. 1256 or hrdepartment@arcessex.org.

Thank You for Fundraising on Behalf of The Arc of Essex County on Facebook

Since July 2018, supporters of The Arc of Essex County have hosted Facebook Fundraisers for birthdays and celebrations to raise money on behalf of the agency. We are very grateful for these generous fundraisers and would like to take the time to recognize those that have donated. Through these Facebook Fundraisers, The Arc of Essex County received more than \$1,600 to date.

Amber Brown-Newsome and Chris Jacksic's Group Home Holiday Party Fundraiser

- Daniel Boutmy
- Gerard Drappi
- Beth Grossfeld
- Alison Rynar-Vogel

Deycy Castillo Pardo's Birthday Fundraiser

- Kesia Azevedo
- Deycy Castillo Pardo
- Lily Pardo
- Matthew Sanderson

Heather Joy's Birthday Fundraiser

- Heather Joy
- Roger Winner

Angela LoSapio's Birthday Fundraiser

- Cheryl August
- Cathy Fesolowich-Bentler
- Fred LoSapio
- Trudi LoSapio
- Virginia LoSapio Weis
- Ernie Marconi
- Kim Marconi
- Pete Renne
- Fallon Villamor
- Dana Votto LoSapio



Maria Meizoso's Birthday Fundraiser

- Rachel Barbella
- Adam Baylor
- Joanne Baylor
- Melissa Belack
- Shawn Cavalieri
- Kevin Corcoran
- Jesse Dannin
- Breean Gilbert
- Yvonne Harhigh
- Lauren Klatte
- Ali MacKay
- Bryan McKeever
- Megan Olsakowski
- Kara Peters
- Brooke Pinkos
- Evan Rosenberg
- Steve Rybicki

Rachel Miller's Birthday Fundraiser

- Annette Lopez
- Cristina Lopez
- Cathy Miller
- Debra Miller
- Muriel Rankin
- Linda Trimarche Siciliano
- Nancy Varon Vuoso

Have a birthday coming up? Perhaps a milestone anniversary on the horizon? Now there is a fun way to celebrate your special occasion with your friends and loved ones while making a difference. Leverage Facebook to host a personalized event on its social platform that will enable you to raise funds for The Arc of Essex County.

Are you ready to create your own birthday/celebration Facebook fundraiser? Here's how...

In a few, easy steps, you could help raise significant funds for The Arc of Essex County.

1. Go to <https://www.facebook.com/fundraisers/>
2. Click "Raise Money for a Nonprofit Organization"
3. Select "The Arc of Essex County" as the organization of your choice
4. Create a goal and timeline for your fundraiser
5. Customize your fundraiser page with a personal message about why you are raising money for The Arc of Essex County
6. Create and Share with friends

Payments are processed through Facebook and will be deposited directly to The Arc of Essex County. Please note, Facebook has generously waived all processing fees for online donations processed through Facebook Fundraisers which means donations will have an even bigger impact!

To learn more about Facebook Fundraisers, [click here](#).

Have a question? Need Help? Please contact Heather Comstock, Senior Director of Development and Communication at 973-535-1181 x1224 or hcomstock@arcsex.org.

The Arc of Essex County's Residential Corner

February Openings

For individuals seeking a community living placement, The Arc of Essex County has the following February 2019 openings:

Respite Group Home



Are you heading out of town for an upcoming business trip, wedding celebration, or planning a medical procedure that requires overnight or rehab recovery? Do you need coverage for your loved one with an intellectual or developmental disability? The Arc of Essex County's Respite Group Home can help. Accommodating up to 6 residents, the home is designed to provide a caring and supportive stay during planned or unplanned respite events. The home features:

- 24/7 Staff Supervision
- Large, 2-Story, Single Family, Colonial-style Home
- Designed to create a family-like setting in which consumers can feel comfortable until they transition into permanent housing or return home
- Staff is prepared to manage behavioral issues and additional supports based on the needs of the individual

Maplewood Supervised Apartments (1 Female Vacancy)



- 24/7 Staff Supervision
- Condo-style Living in a 2nd Floor Unit with Elevator
- Located near public transportation and within walking distance to Maplewood's downtown shopping & restaurants

South Orange Supportive Living Apartment (2 Vacancies)



- Minimal Community Living Support Needs; Access to an emergency on-call system for added safety 24 hours a day
- Apartment-Style Living in 5-Floor Building
- Located near public transportation and within walking distance to South Orange's vibrant downtown

For additional information about The Arc of Essex County's residential services, click [here](#). If you are interested in pursuing independent living at one of the above properties, please contact The Arc's Senior Director of Residential Service, Rebecca Lorusso via email at rlorusso@arcessex.org or by calling (973) 535-1181 ext. 1270.

Parents Night Out Program

Returns Friday, February 15

Parents, mark your calendar for a February date night! On Friday, February 15th, The Arc of Essex County will host a Parents Night Out. Drop your kids off at our West Caldwell Hub for a night filled with arts and crafts, games, snacks, and a movie, and hit the town for a romantic date night.

The Parents Night Out program is hosted by The Arc of Essex County's Children and Family Services department and welcomes children with intellectual and developmental disabilities and their siblings ages 5-21. Snacks will be provided; \$25 for the first child and \$20 for additional children. For more information, please view the attached flyer. Contact Jennifer DeBarr with any questions at jdebarr@arcessex.org or at (973) 535-1181 x1292.

A Night Out on the Town

The Arc of Essex County

Treat yourself to a night out and The Arc of Essex County will watch the kids!

Friday, February 15, 2019
6:30 p.m. - 9:00 p.m.

THE ARC OF ESSEX COUNTY'S
WEST CALDWELL HUB
1120 BLOOMFIELD AVE, WEST CALDWELL, NJ 07006

\$25 for the first child
\$20 for each additional sibling

Parking is in back of building

SCIENCE EXPERIMENTS *ART PROJECTS*

If interested, please contact Jennifer DeBarr for a registration sheet before Friday, February 8, 2019 at (973) 535-1181 ext. 1292 or jdebarr@arcessex.org

*Dinner will NOT be served, however there will be a snack available.
**This event is open to all participants of The Arc of Essex County and their siblings ages 5-21.

www.arcessex.org
(973) 535-1181

www.facebook.com/TheArcOfEssexCounty
@ArcOfEssexNJ

Sokol-USA Makes Donation

to Stepping Stones in Honor of Graduate Lilly Bohon

On Thursday, January 10th Edward Bohon, his



daughter Lilly, a Stepping Stones graduate and current College of New Jersey Career & Community Studies program participant, and their family presented Sue Brand, Principal and Director of Education and Early Childhood, with a \$500 donation from Sokol-USA. The funds will support the Stepping Stones School, a Department of Education Approved Private School for Students with Disabilities serving children ages 3-10. Located in Roseland, NJ, the school is designed to meet the developmental and educational needs of children with cognitive impairments such as Down syndrome and other students with similar educational and developmental needs.



The Arc of Essex County thanks Sokol-USA and the Bohon family for their generosity and support.

Do you have a child with Down syndrome or similar developmental and educational needs interested in attending Stepping Stones? View the Stepping Stones School website [here](#) to learn more about the program. To request a tour and assistance with an out-of-district placement, contact Sue Brand at (973) 535-1181 ext. 1271 or sbrand@arcsex.org.

Annual Appeal Success!

We did it! Your generosity was record setting with more than \$26,000 in annual appeal donations to date. Combined with a \$29,000 contribution from the Essex County Division of Housing and Community Development, The Arc of Essex County was able to add a brand new, 12-person, wheelchair accessible van to our fleet. The vehicle hit the roads this week and will now transport program attendees to activities throughout the community, seven days a week.



While the new fee-for-service system enabled The Arc to broaden our scope of services in 2018, there continues to be limited funds for transportation. Without reliable transportation that accommodates all needs, access to engaging community activities diminishes. Your ongoing commitment ensures our attendees remain active in their community and enjoy outings to various events throughout the year – thank you.

If you would like to contribute to The Arc of Essex County's new fleet fund, please [click here](#) to make a contribution today.

Home Assistance Program

Now Accepting New Families

The Arc of Essex County is currently accepting additional families into its Home Assistance Program (HAP). HAP provides services to low income families whose child has an intellectual or



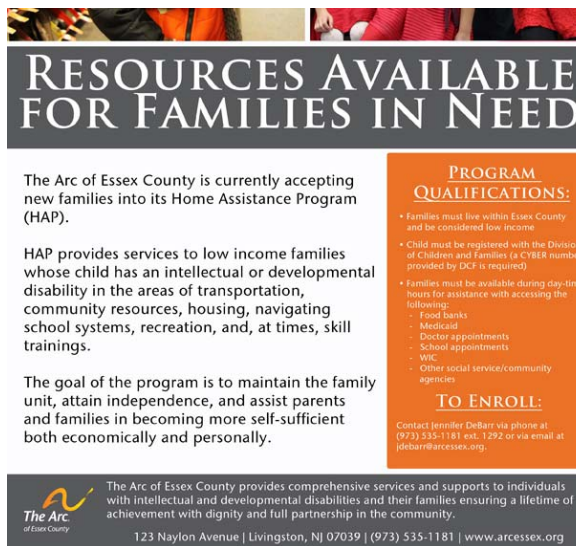
**RESOURCES AVAILABLE
FOR FAMILIES IN NEED**

developmental disability in the areas of transportation, community resources, housing, navigating school systems, recreation, and, at times, skill trainings. The goal of the program is to maintain the family unit, attain independence, and assist parents and families in becoming more self-sufficient both economically and personally.

Families interested in joining the program must meet the following requirements:

- Live within Essex County and be considered low income
- Child must be registered with the Division of Children and Families (a CYBER number provided by DCF is required)
- Families must be available during the day-time hours for assistance with accessing the following:
 - Food banks
 - Medicaid
 - Doctor appointment
 - School appointments
 - WIC
 - Other social service/community agencies

If you or someone you know may qualify or be interested in joining The Arc's HAP program, please contact Jennifer DeBarr via phone at (973) 535-1181 ext. 1292 or email at jdebarr@arcessex.org.



RESOURCES AVAILABLE FOR FAMILIES IN NEED

The Arc of Essex County is currently accepting new families into its Home Assistance Program (HAP).

HAP provides services to low income families whose child has an intellectual or developmental disability in the areas of transportation, community resources, housing, navigating school systems, recreation, and, at times, skill trainings.

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PROGRAM QUALIFICATIONS:

- Families must live within Essex County and be considered low income.
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 - Food banks
 - Medicaid
 - Doctor appointments
 - School appointments
 - WIC
 - Other social service/community agencies

TO ENROLL:

Contact Jennifer DeBarr via phone at (973) 535-1181 ext. 1292 or via email at jdebarr@arcessex.org.

The Arc of Essex County provides comprehensive services and supports to individuals with intellectual and developmental disabilities and their families ensuring a lifetime of achievement with dignity and full partnership in the community.

The Arc of Essex County
123 Naylon Avenue | Livingston, NJ 07039 | (973) 535-1181 | www.arcessex.org

Tributes from Fall 2018

Tributes are a beautiful way to acknowledge those you care for, and at the same time, help further The Arc's mission. To purchase a tribute, please call Minerva Delgado at (973) 535-1181 ext. 1237 or visit The Arc of Essex County's website here.

SPECIAL OCCASIONS:

In Honor of Joseph Bergman

- Mrs. Lisa Bergman

In Honor of Barbara Calderone

- Mrs. Susan Hagedorn

In Honor of Gabriella Parisi

- Mr. and Mrs. Alberto Parisi

In Honor of Joe Turner

- Mrs. Lee Bergman

In Honor of Doug Weber

- Mr. and Mrs. Leonard Krawitz

MEMORIALS:

In Memory of Arthur Bergman

- Ms. Jill Berkeley Goldman

In Memory of Constance Della Pia

- Ms. Alice Giler
- Ms. Tomasa Diaz
- Mr. and Mrs. James Imposimato
- Ms. Janice Parker
- Ms. Nilsa Diaz
- Mr. and Mrs. Carmen Law
- Mr. and Mrs. Francisco Guzman
- Mr. and Mrs. Carmine Rossetti
- Mr. and Mrs. Christy Albanese
- Mr. and Mrs. Sergio Brun
- In Memory of JoAnn Hanus
- Mr. Kenneth Sauter

In Memory of Robert Kipnees

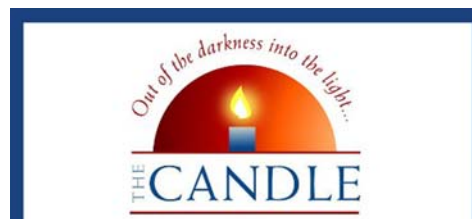
- Mr. Christopher Moore
- Ms. Terri Sundholm
- Mr. Aaron Karp
- Ms. Maureen Montague
- Ms. Catherine Weiss
- Ms. Sari Kramer
- Ms. Christine Osvald-Mruz
- Mr. Angelo Genova
- Ms. Deborah Silodor
- Ms. Dierdre Walsh

In Memory of Patricia Malcolm

- Ms. Jacqueline Fabitore-Matheny
- Mr. and Mrs. Kevin White
- Ms. Patricia Bishop
- Mr. and Mrs. Charles Knoeller
- Mr. and Mrs. Gregory Garvin
- Ms. Maureen McNish
- Mr. and Mrs. Anthony DeSarno
- Mr. Thomas Malcolm

Online Registration Now Open

For February 24th Tricky Tray



Online registration is now open for The Candle Lighters' 25th Annual Tricky Tray taking place on Sunday, February 24th at Mayfair Farms in West Orange, NJ. This is always an exciting event with amazing baskets, fantastic grand prizes, and lots of fun raffles! If you are interested in attending, be sure to [reserve your seat today](#) as the event is expected to once again sell out.

All proceeds from the event will go towards The Candle Lighters' mission to support unfunded and underfunded programs of The Arc of Essex County like Stepping Stones Early Intervention and Camp Hope.

Cannot attend, but want to contribute? Consider purchasing a basket or prize for The Candle Lighters' Tricky Tray by visiting their [Amazon wish list](#).



The Arc of New Jersey Unveils

New Developmental Disabilities Training Resource Website

The Arc of New Jersey, in partnership with The New Jersey Council on Developmental Disabilities, launched a new website, www.ddtrainingresources.org, providing a wide range of information about trainings and support resources for individuals with intellectual and developmental disabilities and their families throughout the State of New Jersey.



DD Training Resources includes information and archived resources originating from state service systems, community providers, advocacy organizations and community resources. The trainings, resources, local New Jersey event calendar, national event calendar, and archived materials address a number of areas including, but not limited to, accessing services, navigating systems, individual rights, advocacy tools and finding resources in the community.

To view the new website and utilize the training and resource materials, visit www.ddtrainingresources.com.

Remembering Former Livingston Mayor

and Board Member Bob Leopold

G. Robert 'Bob' Leopold served on The Arc of Essex County's Board of Directors for nearly 30 years. During that time, he took on leadership positions as a trustee, advisory board member, as well as first and second Vice President. The former Mayor of Livingston, Bob was also instrumental in The Arc's expansion of day programs and group homes within the town.

A former Bell Labs employee and Navy veteran, Bob was committed to social justice. He was active with organizations such as the American Jewish Congress, the local Environmental Commission, and the Democratic Party, in addition to his service to The Arc. He served as Mayor of Livingston in the 1980's and was active on the Livingston planning and zoning boards.

The Arc of Essex County conveys its condolences to the Leopold family during this difficult time. If you

would like to make a donation to The Arc of Essex County in Bob's memory, please visit www.arcessex.org/donate. Please note that your donation is in memory of Bob– an acknowledgement of your tribute will be sent to family members.

Stay Connected!

