



***The Arc***<sup>®</sup>  
*of Essex County*

Community Inclusion, Recreation, & Respite Catalog

**May–August 2023**

# Welcome!

The Arc of Essex County's Community Inclusion, Recreation, and Respite Services offer a variety of activities for people with intellectual and developmental disabilities ages 18 through adulthood. The Arc's programs and services are designed to help participants learn and enhance skills through socialization and fun.

Programs fall under two categories: Community Inclusion or Group Respite. Community Inclusion is comprised of enrichment and recreation activities that enhance participation in the community. Group Respite opportunities teach valuable skills while also giving caregivers a short-term break to help relieve stress, restore energy, and manage family life. The Arc has a service for each individual's interests.

Respite and Community Inclusion services are offered through the Supports Program, or families can elect a self-pay option. If you have any questions regarding these services or how to enroll, please contact us (see below).



## CONTACT US:

Dacia King-Sarkodie  
Assistant Director, Adult Services  
(973) 535-1181 ext. 1272  
[dking@arcessex.org](mailto:dking@arcessex.org)

## To Register:

### General Instructions:

1. If you are new to The Arc of Essex County, you must contact us to set up an intake before registering. Individuals currently participating with The Arc can proceed with registration.
2. Using the enclosed registration form, fill out your contact information, circle the activities and dates that you want to enroll in, circle the way in which you are registering: Self Pay, or Supports Program and mail back to The Arc of Essex County.
3. All events are offered on a first-come, first-served basis. Events may fill up quickly.

### Self-Pay Instructions:

1. Enclose a check or money order for all activities that were chosen on the registration form.

### Supports Program Instructions:

1. All activities must be approved through the NJISP. All units for each activity are indicated for the support coordinator to create the NJISP. Support coordinators are encouraged to contact The Arc with any questions. A draft of the NJISP must be sent to The Arc for approval. Registration for an activity is not considered final until an approved NJISP has been received.

### Support Coordinators Notes:

1. Frontload units in case of weather cancellation or consumer cancellation allows units to roll over.

## Please Register Early:

Every attempt will be made to maintain the activity schedule as printed. However, activities may be canceled if a minimal amount of enrollment is not received.

In the event of any COVID-19 health and safety protocols in place at that time, participants will be informed of any requirements, documentations and expectations.

## Cancellation Policy:

**For All Programs:** If you cannot attend a program for any reason, it is your responsibility to call The Arc of Essex County at least 24 hours before the start of a program to cancel. If the program is on the weekend, a phone call must be received by 3 p.m. the preceding Friday. When appropriate, credits will be issued in the form of payment (i.e. supports program = units, self pay = cash). No credit will be issued for events that require an advance ticket purchase and supports/CCP participants will be charged an out-of-pocket fee for ticket price.



# Community Inclusion



## Bowling

Join us on Saturdays to go bowling with peers. During this physical activity, participants will learn how to take turns and keep score as well as learn the importance of supporting and cheering on all players. Price includes 2 slices of pizza and a soda. Also please note, dates are subject to cancellation due bowling alley availability. We will notify you well in advance of any changes.

### Dates (Saturdays):

- May 6, 13, & 20
- June 3, 10 & 24th (Bowling Banquet)
- July 8, & 22
- August 5, & 19

### Times:

- Start: 12:00 p.m.
- End: 2:30 p.m.

### Location:

Bowlero Belleville  
679 Washington Avenue  
Belleville, NJ

### NO TRANSPORTATION PROVIDED

### Cost/Plan Requirements:

- Self-Pay: \$30.00 /session
- Supports: 10 units of Community Inclusion for each session.

RECURRING

## Sunday Afternoon Movie

Watch the latest Hollywood blockbuster while being immersed in the real theater experience. Individuals will learn about movie etiquette while enjoying an day out with peers.

### Dates (Sundays):

- June 4th
- August 20th

### Times:

- Start: 12:00 p.m.
- End: 4:00 p.m.

### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay: Per Movie / \$45
- Supports: Per movie / 16 units of Community Inclusion + 12 miles of transportation

RECURRING



# Strawberry Harvest Festival

Celebrate the delightful taste of fresh strawberries at the Strawberry Harvest Festival at Alstede Farms. Indulge in homemade strawberry ice cream and bakery products. Cost includes admission, strawberry picking, and a light lunch. **Please bring additional money if you wish to purchase take home treats.**

**Date:**

- Sunday, June 25th

**Times:**

- Start: 1:00 p.m.
- End: 6:00 p.m.

**Departure Location:**

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave, W. Orange, NJ  
Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

**Cost/Plan Requirements:**

- Self-Pay: \$60
- Supports: 20 units of Community Inclusion + 75 miles of transportation

SPECIAL EVENT

# Maplewoodstock

Enjoy an afternoon at Maplewoodstock at Memorial Park in Maplewood. There will be a variety of collectables, crafts, clothes, art, and food vendors. In addition, there will be live music by local artists. Cost includes lunch. **Please bring additional money if you would like to purchase items at the festival.**

**Date:**

- Sunday, July 9th

**Times:**

- Start: 12:00 p.m.
- End: 4:00 p.m.

**Departure Location:**

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ  
Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

**Cost/Plan Requirements:**

- Self-Pay: \$60
- Supports: 16 units of Community Inclusion + 28 miles of transportation
- RLC/Self Directed: 4 hours of Group Respite

SPECIAL EVENT

# Community Inclusion



## Point Pleasant Boardwalk

Spend the day relaxing at the beach. Take a walk on Point Pleasant's boardwalk and experience all the excitement, from rides to arcades to a stop in the sweet shop. Choose from a variety of classic boardwalk foods, all with an ocean view. Cost includes lunch and a \$20 arcade card.

SPECIAL EVENT

### Date:

- Sunday, July 23rd

### Times:

- Start: 11:00 a.m.
- End: 5:00 p.m.



### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay: \$75.00
- Supports: 24 units of Community Inclusion + 148 miles of transportation

## Just Peachy Festival

Celebrate Jersey Fresh and one of our state's favorite fruits at the Just Peachy Festival at Terhune Orchards in Princeton. The day will be filled with plenty of activities, live music, a traveling zoo presentation, and more. The food tent will offer tasty summer fare. Cost includes admission and lunch. **Please bring additional money if you would like to purchase items at the festival to take home.**

SPECIAL EVENT

### Date:

- Sunday, Aug 6th

### Times:

- Start: 11 a.m.
- End: 5 p.m.



### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay: \$75
- Supports: 24 units of Community Inclusion + 100 miles of transportation



# Asbury Park Silverball Museum

Come experience a tribute to pinball and video-gaming past. The Silverball Museum is located at the Asbury Park Boardwalk and offers 600 retro arcade games in rotation. Featuring pinball, skee-ball, shuffle board, and air hockey, to mention a few. All games inside the museum are set to free play with your entry pass. Cost includes lunch.

SPECIAL EVENT

**Date:**

- Sunday, August 13th

**Times:**

- Start: 11:00 a.m.
- End: 5:00 p.m.

**Departure Location:**

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

**Cost/Plan Requirements:**

- Self-Pay: \$75.00
- Supports: 24 units of Community Inclusion + 104 miles of transportation



# Paint & Sip @ Studio Arc



Bring out your inner Picasso while sipping your own personalized beverage and socializing with your peers. We will provide you with all the materials needed and guide you through painting your own very special, one-of-a-kind masterpiece. This event will take place at Studio Arc and lunch will be provided.

SPECIAL EVENT

**Date:**

- Sunday, May 7th

**Times:**

- Start: 12:00 p.m.
- End: 4:00 p.m.

**Departure Location:**

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave, W. Orange, NJ

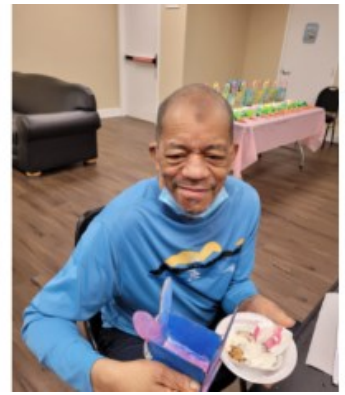
Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

**Cost/Plan Requirements:**

- Self-Pay: \$60
- Supports: 16 units of Respite + 20 miles of transportation

# Group Respite



## Spring Fling Dance

Put the winter blues behind you and leap into spring with us as we dust off our dancing shoes and let loose. Enjoy an afternoon of fun, laughter, dancing, and socializing with your peers.

### Date:

- Sunday, May 21st

### Times:

- Start: 12 p.m.
- End: 4 p.m.

### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 14 miles of transportation

SPECIAL EVENT

## Last Days of Spring Garden Party

Let's have fun growing together! You're invited to bring your green thumb and join us for a garden party. Enjoy a selection of finger sandwiches, fresh salads, and other spring-flavored seasonal ingredients while making your own succulent garden to take home.

### Date:

- Sunday, June 11th

### Times:

- Start: 12 p.m.
- End: 4 p.m.

### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 14 miles of transportation

SPECIAL EVENT





## Camp Hope Day BBQ

Come make a splash and soak up some fun in the sun. Bring your swim gear and sunblock and enjoy the great outdoors and warm summer sunshine. Join us at Camp Hope for games, music, and summer fun. Interact with your friends and dance to the music or beat the heat on our splash pad. Please do not forget to bring a towel and change of clothes.

SPECIAL EVENT

### Date:

- Sunday, July 16th

### Times:

- Start: 12 p.m.
- End: 4 p.m.

### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 14 miles of transportation

## Zumba @ Studio Arc

Join us for an afternoon of dancing. Zumba involves highly choreographed movements set to upbeat salsa and international music. Zumba is a fun, high-energy workout experience that keeps you excited to exercise. A light, healthy lunch will be provided. This event will take place at Studio Arc in Fairfield.

SPECIAL EVENT

### Date:

- Sunday, August 27th

### Times:

- Start: 12:00 p.m.
- End: 4:00 p.m.

### Departure Location:

West Orange Municipal Parking Lot  
46 Mount Pleasant Ave, W. Orange, NJ

Or

Bloomfield Library (back lot)  
84 Broad St., Bloomfield, NJ

### Cost/Plan Requirements:

- Self-Pay: \$60
- Supports: 16 units of Respite + 14 miles of transportation



## Saturday Group Respite

These Group Respite programs offer participants a fun-filled day with their peers while socializing and engaging in a variety of activities, such as arts & crafts, games, cooking, and trips into the community. Transportation from and to home is provided if needed.

### Saturday Group Respite 1

**Dates: (Saturdays)**

- May 6, 20
- June 3, 17
- July 8, 22
- August 5, 19

**Times:**

- Start: 10:00 a.m.
- End: 3:00 p.m.

**Location:**

Arc Opportunity Zone  
50-58 Burnette Ave.  
Maplewood, NJ

**Cost/Plan Requirements:**

- Self-Pay: \$60.00 /session
- Supports: 20 units of Respite /session
- Transportation units TBD based on Residence Address

### Saturday Group Respite 2

**Dates: (Saturdays)**

- May 13, 20
- June 10, 24
- July 15, 29
- August 12, 26

**Times:**

- Start: 10:00 a.m.
- End: 3:00 p.m.

**Location:**

Arc Opportunity Zone  
50-58 Burnette Ave.  
Maplewood, NJ

### Saturday Group Respite 3

**Dates: (Saturdays)**

- May 6, 13
- June 3, 17
- July 8, 22
- August 5, 19

**Times:**

- Start: 10:00 a.m.
- End: 3:00 p.m.

**Location:**

Arc Opportunity Zone  
50-58 Burnette Ave.  
Maplewood, NJ

RECURRING

Please contact Dacia King-Sarkodie at (973) 535-1181 ext. 1272



# Hotel Respite

Hotel Respite provides participants a weekend away filled with fun activities and gives caregivers a needed break. Individuals will need to bring \$75 to cover food and activities.

RECURRING

**Dates:** May 19th–21st, June 23rd–25th, July 28th–30th, August 25th–27th

**Times:** 5:00 p.m. Friday (start) - 12:00 p.m. Sunday (ends)

**Departure Location:** The Arc of Essex County, 123 Naylon Avenue, Livingston, NJ 07039

**Cost/Plan Requirements:** Please contact Candes Reid for specifics @ (973) 535-1181 ext. 1247

# Tuesday & Thursday After-Work Respite

This Group Respite opportunity offers participants a fun-filled evening with their peers while socializing and engaging in a variety of activities, such as arts and crafts, games, cooking, and trips into the community. Transportation to the program should be arranged through your Day Program provider. Transportation home is provided.

RECURRING

**Date: (Tuesdays)**

- May – 2nd, 9th, 16th, 23rd, 30th
- June – 6th, 13th, 20th, & 27th
- July – 11th, 18th, & 25th
- August – 1st, 8th, 15th, 22nd, & 29th

**Dates: (Thursdays)**

- May – 4th, 11th, 18th, & 25th
- June – 1st, 8th, 15th, 22nd, & 29th
- July – 6th, 13th, 21st, & 27th
- August – 3rd, 10th, 17th, 24th, & 31st

**Times:**

- Start: 4:00 pm
- End: 7:00 p.m.

**Location:**

Arc Opportunity Zone  
50-58 Burnette Ave. Maplewood, NJ

**Cost/Plan Requirements:**

- Self-Pay Bundle: \$490 (1 day a week), \$980 (2 days a week) or \$38/session
- Supports Bundle: 168 units (1 day a week) or 336 units (2 days a week) of Respite + Transportation units TBD based on Residence address

Please contact Dacia King-Sarkodie at (973) 535-1181 ext. 1272



**The Arc.**

*of Essex County*

123 Naylor Avenue  
Livingston, NJ 07039



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