



The Arc[®]
of Essex County

Community Inclusion, Recreation, & Respite Catalog

January—April 2022

Welcome!

The Arc of Essex County's Community Inclusion, Recreation, and Respite Services offer a variety of activities for people with intellectual and developmental disabilities ages 18 through adulthood. The Arc's programs and services are designed to help participants learn and enhance skills through socialization and fun.

Programs fall under two categories: Community Inclusion or Group Respite. Community Inclusion is comprised of enrichment and recreation activities that enhance participation in the community. Group Respite opportunities teach valuable skills while also giving caregivers a short-term break to help relieve stress, restore energy, and manage family life. The Arc has a service for each individual's interests.

Respite and Community Inclusion services are offered through the Supports Program; additionally, families can elect a self-pay option. If you have any questions regarding these services or how to enroll, please contact us (see next page).



CONTACT US:

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Services
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To Register:

General Instructions:

1. If you are new to The Arc of Essex County, you must contact us to set up an intake before registering. Individuals currently participating with The Arc can proceed with registration.
2. Using the enclosed registration form, fill out your contact information, circle the activities and dates that you want to enroll in, circle the way in which you are registering: Self Pay, Supports Program, or RLC/Self Directed, and mail back to The Arc of Essex County.
3. All events are offered on a first-come, first-served basis. Events may fill up quickly.

Self-Pay Instructions:

1. Enclose a check or money order for all activities that were chosen on the registration form.

Supports Program Instructions:

1. All activities must be approved through the NJISP. All units for each activity are indicated for the support coordinator to create the NJISP. Support coordinators are encouraged to contact The Arc with any questions. A draft of the NJISP must be sent to The Arc for approval. Registration for an activity is not considered final until an approved NJISP has been received.

Support Coordinators Notes:

1. Frontload units in case of weather cancellation or consumer cancellation allows units to roll over.

Please Register Early:

Every attempt will be made to maintain the activity schedule as printed. However, activities may be canceled if a minimal amount of enrollment is not received. We may also need to limit the number of individuals enrolled in each activity in order to implement COVID-19 restrictions and regulations to ensure appropriate social distancing and safety.

In order to maintain COVID-19 pandemic health and safety protocols, a virtual training will be held regarding requirements, documentations and expectations.

Cancellation Policy:

For All Programs: If you cannot attend a program for any reason, it is your responsibility to call The Arc of Essex County at least 24 hours before the start of a program to cancel. If the program is on the weekend, a phone call must be received by 3 p.m. the preceding Friday. When appropriate, credits will be issued in the form of payment (i.e. supports program = units, self pay = cash). No credit will be issued for events that require an advance ticket purchase and supports/CCP participants will be charged an out-of-pocket fee for ticket price.



COMMUNITY INCLUSION



Bowling

Join us on Saturdays to go bowling with peers. During this physical activity, participants will learn how to take turns and keep score as well as learn the importance of supporting and cheering on all players. Due to the time change, 2 slices of pizza and a soda will now be included in the price. Also please note, dates are subject to cancellation due bowling alley availability. We will notify you well in advance of any changes.

Dates: (Saturday)

- January 8th, 22nd & 29th
- February 5th, 12th & 26th
- March 5th, 12th & 19th
- April 2nd, 9th, & 23rd

Times:

- Start: 12:00 p.m.
- End: 2:30 p.m.

Location:

Bowlero Belleville
679 Washington Avenue
Belleville, NJ

NO TRANSPORTATION PROVIDED

Cost/Plan Requirements:

- Self-Pay: \$30/session
- Supports: 10 units of Community Inclusion for each session.

RECURRING



Achieve with us.[®]



COMMUNITY INCLUSION

Funplex

Get out of the cold and come join us for a fun day of indoor amusement park entertainment. Funplex provides unlimited activities, games, and attractions. We will provide you with an arcade card worth 70 credits to play games and a meal deal of 2 slices of pizza and a drink.

SPECIAL EVENT

Dates:

Sunday, January 30th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay \$65
- Supports: 20 units of Community Inclusion + 20 miles of transportation

The City Under the Sea

Come visit NJ's newest aquarium Sea of Life at the American Dream Mall in East Rutherford. Voyage into underwater worlds through a tunnel. Come face to face with sharks, sting rays, and over 3,000 creatures. Touch real creatures, and explore over 10 breathtaking exhibits inspired by New York's most memorable landmarks and experiences. Enjoy lunch and if time allows, stroll through the shops at the mall.

SPECIAL EVENT

Date:

- Sunday, March 27th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$80
- Supports: 20 units of Community Inclusion + 18 miles of transportation

COMMUNITY INCLUSION



Turtle Back Zoo

Come join us at Turtle Back Zoo and explore the new Sea Turtle Rehabilitation Center along with more than 10 other exhibits. Visit the Reptile House, the Touch Tank, the Penguin House, Big Cat Country, and the Sea Lions exhibits, to name a few. The Turtle Back Zoo was voted the #1 zoo in NJ with more than 200 species representing animals around the world. Visitors can also visit the carousel, take a train ride, and stop for food at the Savanna Café.

Date:

- Sunday, April 3rd

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$60.00
- Supports: 20 units of Community Inclusion + 6 miles of transportation

Silverball Museum

Come experience a great piece of Americana. The Silverball Museum Arcade is located in Asbury Park and is a tribute to pinball and video games of the past. There are more than 600 games in rotation and we are sure you will find your favorites while playing and enjoy some new machines as well. All games are set to free play with entry pass. Also, enjoy lunch on the boardwalk with your peers.

Date:

- Sunday, April 24th

Times:

- Start: 11:00 a.m.
- End: 6:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$90
- Supports: 28 units of Community Inclusion + 116 miles of transportation

SPECIAL EVENT

SPECIAL EVENT



Soup Day

Nothing is better than soup and sandwich on a cold January day. Let's mingle and get to know each other over a steamy bowl of soup and hot biscuits. Make your own individual bowl of soup, biscuit, and dessert and we will provide the sandwiches. Learn how to build the perfect soup and make up your own soup recipe, answer silly "Get to Know You" questions and play board games with your peers. All in a day of fun.

Date:

- Sunday, January 9th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$60
- Supports: 20 units of Respite + 4 miles of transportation

SPECIAL EVENT

Super Bowl Sunday

Get your game on and come join us for a fun day of pre-Super Bowl Sunday activities. Make your own snacks including your own personalized pan of nachos. Play a game of Superbowl commercial bingo and a variety of other football theme games, and make your own Super Bowl predictions for the game.

Date:

- Sunday, February 6th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$60
- Supports: 20 units of Respite Inclusion + 4 miles of transportation

SPECIAL EVENT

GROUP RESPITE



Be Mine

Get your Valentine's celebration off to a great start. Set the mood and have some light-hearted yummy fun. Join your friends and make your own Valentine chocolate to take home, along with a Valentine craft. Play some fun Valentine games over lunch and finish the day with chocolate tasting.

Dates:

- Sunday, February 13th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 4 miles of transportation

SPECIAL EVENT

Oscar Night

And the Oscar goes to.....! Be our guest at a red-carpet event for a pre-Oscars event. Join your friends for a warm up to Oscar Night. Walk the red carpet, make your own star of fame, fill out your own ballot, and guess the winners for the evening's events. Be prepared to showcase your own talent. Whether you are a comedian, actor, singer, dancer, poet, or any other variety of talent, we want you to perform! Don't forget to have an acceptance speech for when you receive your Oscar.

Date:

- Sunday, February 27th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 4 miles of transportation

SPECIAL EVENT



GROUP RESPITE

Mardi Gras Celebration

Get into the Mardi Gras spirit and celebrate with your friends by eating delicious food. Start the day with some pancakes, picking your own toppings from our pancake bar. Make your own colorful Mardi Gras cupcakes to eat and take home. Decorate yourself with beads and make a colorful Mardi Gras mask.

SPECIAL EVENT

Date:

- Sunday, March 6th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$60
- Supports: 20 units of Respite + 4 miles of transportation

St. Patrick's Day Celebration

We are lucky to have great friends so wear your lucky green, bring your lucky charms, and join us for some Irish shenanigans. Dance a jig, have some food and drink, do some crafts, and play some games as we celebrate St. Patrick's Day.

SPECIAL EVENT

Date:

- Sunday, March 13th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay: \$60
- Supports: 20 units of Respite + 4 miles of transportation

GROUP RESPIRE



Spring Sip & Paint

Enjoy an afternoon of friends, fun, food, beverages and painting. Create colorful memories and paint inside the lines while thinking outside the box. Sip and socialize with us while you create a seasonal masterpiece.

Dates:

- Sunday, March 20th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 4 miles of transportation

SPECIAL EVENT

Easter Brunch

Join us for a taste of spring and add a little color and sparkle to your Easter fun by coloring eggs and creating an Easter craft. Enjoy a big brunch spread along with your decorated eggs and goody-filled baskets. This event will take place at The Arc's Creative Visions Day Program location.

Date:

- Sunday, April 10th

Times:

- Start: 12:00 p.m.
- End: 5:00 p.m.

Departure Location:

West Orange Municipal Parking Lot
46 Mount Pleasant Ave., West Orange, NJ

Or

Bloomfield Library (back lot)
84 Broad St., Bloomfield, NJ

Cost/Plan Requirements:

- Self-Pay \$60
- Supports: 20 units of Respite + 4 miles of transportation

SPECIAL EVENT

The Arc of Essex County provides comprehensive services and supports to individuals with intellectual and developmental disabilities and their families, ensuring a lifetime of achievement with dignity and full partnership in the community.



Follow us!

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